

Arts Health and Wellbeing CODE OF PRACTICE



1.0 Values and Behaviours:

Personal values, behaviours and aptitudes that underpin my work

- My practice is 'person centred' - putting participants first.
- Current creative practices inform how I collaborate and co-create with participants.
- I put participants at ease, showing empathy and sensitivity.
- I work with participants as equals.
- I work 'with' not 'to' or 'for' participants.
- I enable and empower participants, employing flexibility according to their needs.
- I value and practice kindness, respect, and non-judgement.
- I work to inspire creativity, valuing play and self-expression.
- I am always organised and punctual.

2.0 Professional Competence

- I have undergone training within my artistic mediums, enabling me to plan and deliver appropriate content for each participant group.
- I am experienced working with diverse participant groups and communities, understanding their needs.
- I respect the rights, dignity, and values of participants.
- I understand appropriate boundaries and safety in terms of group work and dynamics.

- I am a reflective practitioner - reflecting in practice and on my practice.
- I understand the position of my professional practices within the wider professional contexts.
- I keep up to date with wider practices and other projects within the field of Arts in Health - continually updating my knowledge in terms of both theory and practice.
- I seek opportunities to develop my own arts practice particularly in terms of innovation and creativity.
- I believe that equality of access involves providing good quality materials and resources.

3.0 Continual Professional Development

- I embed new expertise in how I collaborate with fellow artists.
- I am committed to continuing professional and personal development, ensuring that my professional skills and knowledge are updated and refreshed.
- I understand the need for and am committed to appropriate levels of support and supervision.
- I am a member of WAHWN (Wales Arts Health and Wellbeing Network) and other professional networks.
- I attend conferences, professional meetings, and networking events regularly.
- I am informed by Government initiatives and key policies (Dignity at Work/Equality and Diversity) and understand health policies and priorities.

4.0 Professional Conduct

- I set high standards of professional conduct in terms of using appropriate language, dressing appropriately to the context in which I work.
- I am skilled at working in interdisciplinary contexts,

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including alongside health, education, and social care professionals.

- I am committed to developing an ongoing understanding of the varied professional contexts in which I work.
- I ensure that I know my responsibilities within any wider team involved in delivering a project.
- I liaise with my partners to gain understanding about my participants' needs.
- I ensure fitness to practice by taking good care of myself mentally and physically.
- I am committed to ensuring that I have appropriate supervision and support where necessary.
- I respect participants' confidentiality and privacy.
- I understand the limitations of my own competence, training and experience and obtain advice and support where necessary.
- I observe and understand all necessary personal and professional boundaries including appropriate use of social media and its wider implications.
- I adhere to the General Data Protection Regulations (GDPR). My GDPR statement can be found on my website.

5.0 Health and Safety

- I have the appropriate DBS clearance and so do the artists that I collaborate with.
- I hold appropriate public liability insurance and the artists I work with also have public liability insurance.
- I work with partners, health professionals and those around to ensure safety at all times within my workshops.
- I am committed to receiving a full induction to a project regarding Health & Safety, with link workers, safeguarding officers and follow organisational protocols.
- I do not work when ill.

- I keep excellent hygiene and infection control practices.
- My workshop activities and materials are risk assessed at the planning stage.
- I have a Safeguarding policy available on request and am aware of the link person responsible for the safety of participants when working in partnership.
- I am committed to ensuring an up to date understanding of safeguarding needs.

6.0 Management and Governance

- I ensure that a clear brief is obtained for all parties involved for any work undertaken.
- I ensure that contracts are in place for all work undertaken.
- Where a commissioner does not offer a contract, a contract is drawn up and agreement is negotiated around the scope of work, the aims of the project, the participant group and setting, dates, venues, and all other expectations including fees and costs.
- I charge appropriate day rates based on Arts Council of Wales recommendations to ensure a sustainable practice.
- I calculate fees based on planning and preparation time, project delivery time, documentation, and evaluation requirements.
- I negotiate to ensure clarity of roles and responsibilities for all parties involved.

7.0 Reporting and Evaluation

- I keep accurate records as required.
- I comply with GDPR requirements when managing and storing project data.
- I always obtain necessary consent for the use of artwork, photographs, and evaluation data.
- I respect participants rights to anonymity in all

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reporting and evaluation.

- I have an ongoing commitment to advocating for and contributing to evaluation.
- I build reflection into my practice, embedding learning from evaluation
- I am committed to avoiding bias, carefully assigning appropriately who collects data, how it is collected and how it is used.
- I do not collect data that will not be used for the evaluation.
- I have an ongoing commitment to publicising, advocating, and sharing work.